

# **Brianna Kathleen Dubbs, M.A., MFT#46037**

---

PO Box 1692 Anaheim, CA 92815 • 714-585-2876 • [brianna@counselingfortranquility.com](mailto:brianna@counselingfortranquility.com)

## **SUMMARY OF QUALIFICATIONS**

- Twelve years of clinical experience specializing in marriage and family issues
- Specializing in clinical issues related to trauma and abuse and related symptomology
- Four years teaching experience as an adjunct professor
- Strong aptitude for blending relevant clinical experiences with classroom curriculum and lessons
- Excellent ability to convey and explain theoretical concepts and apply them to clinical situations

## **PSYCHOLOGY WORK EXPERIENCE**

### **Marriage and Family Therapist**

July 2008 to Present

Counseling for Tranquility

Tustin, CA

- Provide psychotherapy for individuals and couples.
- Treat issues such as depression, anxiety, marital discord, childhood abuse (sexual, physical, neglect and emotional), relationship satisfaction, etc.

### **Marriage and Family Therapist**

January 2012 to February 2013

Orange County Health Care Agency-Veterans' Services

Santa Ana, CA

- Provide Clinical and Administrative Supervision to MFT and ASW Interns.
- Provide Administrative Supervision to peer navigators for Mental Health Program.
- Develop program for program serving veterans in Orange County.

### **Marriage and Family Therapist**

June 2007 to December 2011

Orange County Health Care Agency-Correctional Mental Health

Santa Ana, CA

- Conduct individual and group therapy for chronically mentally ill incarcerated inmates.
- Diagnosed inmates with Bipolar Disorder, Schizophrenia, Schizoaffective Disorder, Major Depression, Borderline Personality Disorder and Antisocial Personality Disorder
- Prepare inmates for discharge into community by connecting with community resources.

### **Therapist/MFT Intern**

September 2005 to July 2008

South Coast Therapist

Fountain Valley, CA

- Conducted individual and family therapy for individuals and couples.
- Diagnosed and treated individuals and couples with a variety of problems such as sexual dysfunction, childhood physical and sexual abuse, relationship difficulties, depression and anxiety.

### **Therapist/MFT Intern**

February 2005 to December 2005

Providence Community Services

Hawaiian Gardens, CA

- Conducted individual, family, and group therapy for high-risk children (ages 5-10) and their parents/guardians in day-treatment facility.
- Diagnosed and treated children with reactive attachment disorders, attention deficit and hyperactivity disorder, conduct disorders, oppositional defiance disorder, and other conditions stemming from child abuse and domestic violence, loss and grief, adoption, parenting, and foster care issues.
- Coordinated care with school psychologists, parents, and teachers to ensure continuity of care.
- Supervised case managers on unit to implement treatment goals for children.

### **Therapist/MFT Trainee**

March 2003 to May 2004

The Center Orange County

Garden Grove, CA

- Provided counseling for clients with a wide range of clinical conditions, disorders, and problems, including depression, anxiety, substance abuse, eating disorders, HIV infection, poverty, isolation, self-esteem, grief, child abuse, and sexual identity.
- Gained experience in individual and group therapy.

# **Brianna Kathleen Dubbs, M.A., MFT#46037**

---

PO Box 1692 Anaheim, CA 92815 • 714-585-2876 • [brianna@counselingfortranquility.com](mailto:brianna@counselingfortranquility.com)

## **PSYCHOLOGY WORK EXPERIENCE (continued)**

### **Research Assistant, Research Methodology**

September 1998 to May 1999

Vanguard University

Costa Mesa, CA

- Developed methodology, interviewed subjects, organized samples, and analyzed data for research project studying the effects of humor and religion and their effects on aging.

### **Volunteer**

September 1998 to December 1998

Child Abuse Prevention Center

Costa Mesa, CA

- Acted as liaison between social workers, medical professionals, therapists, and families.
- Administered programs designed to foster healthy family relationships and compiled case study reports for social workers to review and take action if merited.

- 

## **TEACHING EXPERIENCE**

### **Adjunct Professor**

August 2013-December 2013

Alliant University

Irvine, CA

- Instructed students in “Community Mental Health and Recovery Oriented Care”.
- Prepared classroom activities and instruction to assist students in hands on learning.
- Administered exams to assess students’ performance and prepare them for the next step in their education and/or careers.

### **Adjunct Professor**

January 2005 to December 2007

Orange Coast Community College

Costa Mesa, CA

- Instructed students in “Introduction to Human Sexuality,” “Adult Development” and “Principles of Psychology.”
- Administered exams to assess students’ performance and prepare them for the next step in their education and/or careers.
- Achieved satisfactory evaluation, receiving high marks for student participation, subject-matter knowledge, enthusiasm, and communication.

### **Teaching Assistant, Adolescent Psychology**

January 1999 to May 1999

Vanguard University

Costa Mesa, CA

- Conducted classroom discussions on topics ranging from mental disorders to the effects of biological progression, environmental pressures, and social influences on behavior.
- Prepared and administered exams as well as evaluated students’ classroom performance.

## **EDUCATION**

### **Approved AAMFT Clinical Supervisor (In Process)**

2015

AAMFT Clinical Supervision Course

### **Certificate in Psychodynamic Psychotherapy**

2011

Newport Psychoanalytic Institute

Tustin, CA

### **Master of Arts, Psychology, emphasis in Marriage and Family Therapy**

2004

Pepperdine University

Irvine, CA

### **Bachelor of Arts, Psychology**

1999

Vanguard University

Costa Mesa, CA

References available upon request.